

EQ-i Best Guess Estimate

	70	80	90	100	110	120	130
Self-Regard							
Self-Actualisation							
Emotional Self-Awareness							
	70	80	90	100	110	120	130
Emotional Expression							
Assertiveness							
Independence							
	70	80	90	100	110	120	130
Interpersonal Relationships							
Empathy							
Social Responsibility							
	70	80	90	100	110	120	130
Problem Solving							
Reality Testing							
Impulse Control							
	70	80	90	100	110	120	130
Flexibility							
Stress Tolerance							
Optimism							